

# Motivational Speaking

Through her electrifying speeches, audiences around the world are set free to dream and move toward the life they've always wanted. Japonica Brown teaches, motivates, and pushes people to their desired end. Through her impassioned stories, it's clear to audiences everywhere that she's not just talking about living the best life but she's living it!

## Motivation Topics

- **Powerful Positive Mind and reducing teacher burn-out** (30 minutes minimum- 1 hour)

Ever had ongoing negative thoughts that you felt you couldn't control? Are things not going right...no matter what you try? Have you tried evaluating your thinking? Allow Japonica to show you how your thoughts are having a profound and pertinent effect on your life.

- **Healthy Relationships** (30 minutes minimum- 1 hour)

How do childhood experiences, self-perception, and societal influences all affect your success or failures in your relationships? Japonica gives a perspective on how to improve relations with your loved ones, co-workers, significant other, and more importantly yourself.

- **Creating Stage Presence** (30 minutes minimum- 1 hour max)

Ever wonder how people command a room, speak with authority, or receive attention without trying? Are you struggling to make an impression with a boss, client, or with an audience? Japonica gives a riveting and passionate presentation on how to increase your stage presence by being the light in the room.

- **Building Self-Esteem** (30 minutes minimum- 1 hour)

Through practical steps toward increased self-esteem and entertaining storytelling, Japonica guides individuals in a journey of their self-discovery and self-truth.

- **Psychodrama Experience** (1 hour minimum)

Psychodrama is the use of theater techniques to enrich the therapeutic experience. Japonica guides professionals on the technique and its use to enhance their ministry and/or business client relations.

- **Spiritual Relations** (30 minutes minimum- 1 hour )

What is God? Who is he? Does he know I exist? How do I build a relationship with something I cannot see? The questions about God and how the idea of God relates to us are endless. Japonica takes the audience on a spiritual journey of identity and teaches them how to beginning developing a closeness with the Creator.